# Virginia Opioid Abatement Authority Application for Awards for Cooperative Projects Involving Cities and Counties

## 1. Contact Information

This application is for cooperative projects consisting of a cooperative partnership between at least two cities and/or counties within the same Department of Behavioral Health and Developmental Services (DBHDS) region. Complete this table for all cities and/or counties involved in the cooperative partnership.

Contact Person	Mailing Address	Phone #	Email
Sara Wheeler,	8033 Ashton Ave	703-792-5362	SWheeler@pwcgov.org
CS Division Dir	Manassas, VA 20109		
•		703-792-7712	RFontaine@pwcgov.org
Financial Mgr			
Amilcar Barahona	9324 West Street	703-257-8011	abarahona@manassasva.gov
Police Dept	Manassas, VA 20111		
Francis Rath	100 Park Central Plaza		
Chief Public Health	Manassas Park, VA 20111	703-335-8800	f.rath@manassasparkva.gov
	Sara Wheeler, <u>CS Division Dir</u> Robyn Fontaine Financial Mgr Amilcar Barahona Police Dept Francis Rath	Sara Wheeler, CS Division Dir Robyn Fontaine Financial Mgr8033 Ashton Ave Manassas, VA 20109Amilcar Barahona Police Dept9324 West Street Manassas, VA 20111Francis Rath Chief Public Health100 Park Central Plaza Manassas Park, VA 20111	Sara Wheeler, CS Division Dir Robyn Fontaine Financial Mgr8033 Ashton Ave Manassas, VA 20109703-792-5362 703-792-7712Amilcar Barahona Police Dept9324 West Street Manassas, VA 20111703-257-8011 703-257-8011Francis Rath Chief Public Health100 Park Central Plaza Manassas Park, VA 20111703-335-8800

### 2. Fiscal Agent

- a. One of the participating cities or counties must serve as the fiscal agent for the cooperative project. The fiscal agent will be responsible for ensuring compliance with both financial and programmatic reporting requirements on behalf of the cooperative partnership.
- b. City/County Serving as Fiscal Agent Prince William County, Community Services City County
- c. Physical address: Community Services main office: 8033 Ashton Avenue, Manassas, VA 20109
- d. Mailing address: PWC County main office: 1 County Complex, Woodbridge, VA 22192-9201 (if different than physical address)
- e. Contact Person for this application
  - i. Name: Sara Wheeler / Daniel Manza
  - ii. Job Title: Division Director, BH & Recovery Services / Program Mgr, Drug Offenders Recovery Program
  - iii. Office Phone: 703-792-5362 / 792-5801
  - iv. Email: swheeler@pwcgov.org / dmanza@pwcgov.org

#### 3. Agreements

a. Please see the attached Cooperative Partnership Agreement with Prince William County, City of Manassas, and City of Manassas Park.

#### 4. Signature

Signature section must be completed by a person designated with signatory authority in the MOU/MOA noted in Part 3.a of this application.

"I swear or affirm that all information contained in and attached to this application is true to the best of my knowledge."

Signature _	Sina Modron	
Print Name	Lisa Madron*	
Title	Executive Director, PWC, Community Services	
Date	May 1, 2023	

\*Please see the attached Board of County Supervisor's Resolution 23-207, giving Lisa Madron permission to sign this application.

### 5. Project Proposal

Complete the information below for the project the cooperative partnership is requesting to be funded.

a. Is this project:

A new effort for the participating cities/counties.

A proposed supplement or enhancement to a project or effort that is already in place.

How long has the project existed? \_

A combination of enhancing an existing project/effort with new components.

How long has the project existed? MAT service began in 2010 and ARTS began in 2017.

b. Provide a brief narrative description of the proposed project including the requested term (1-5 years).

The purpose of this grant is to respond to the opioid crisis through implementing Office-based Opioid Treatment services to meet the evidence-based standards of the federal SAMHSA; ASAM; and VA Dept of Behavioral Health & Developmental Services (DBHDS), and DMAS for preferred opioid treatment. OBOT is also known as Office-based Addiction Treatment (OBAT) services.

This grant supports the implementation, expansion, and integration of the SUD OBOT/OBAT criteria which builds on existing Addiction and Recovery Treatment Services (ARTS) and Medication Assisted Treatment (MAT) services and provides individuals with low barrier services and increased access to case management, outpatient, medication, and co-occurring mental health services.

OBOT/MAT is an evidenced based treatment option that enables individuals suffering from opioid use disorder (OUD) the opportunity to manage withdrawal symptoms and cravings while focusing on treatment goals, remission, and recovery. Increased access to Medication for Opioid Use Disorder (MOUD) alone has proven to reduce mortality rates associated with OUD, increase retention in treatment services, decrease opiate abuse and criminal activity among SUD populations, increase opportunities for interpersonal relationships and employment, and lowers risks associated with the transmission of infectious diseases.

Building on this, the goal of the preferred OBOT model is to not rely exclusively on medications but to minimize treatment barriers while also incorporating a comprehensive array of other evidence-based therapies, supports, and harm reduction activities. This model of care recognizes the need for long term recovery support as well as the risk that accompanies non-treatment for those who may not be capable of abstinence and embraces harm reduction to keep clients engaged even when they are struggling. OBOT provides a comprehensive model of MAT integrating primary care, psychosocial assessment, and therapeutic treatment and recovery supports.

For this application, the parties will be Prince William County and the Cities of Manassas, and Manassas Park. Prince William County (PWC) will be the fiscal agent. We are requesting funding for a five-year period through Fiscal Year (FY) 2028. We acknowledge that we are required to file an annual budget renewal for FY2025 through FY2028 for continued funding.

Funding support includes service billing revenue, PWC Community Services in-kind supports and seeks funding from OAA to add the needed staffing levels to meet federal and state OBOT licensing requirements.

c. Describe the objectives of this project.

The objective of the OBAT model is to have medical and behavioral health services within the same location, providing in-person interactions, and high-touch care coordination recovery support. This is intended to engage and retain individuals in treatment, connect to resources, and reduce the elevated risk of fatal overdose.

The specific objectives associated with the OBAT implementation and operation are

- Increase the current capacity of MAT services.
- Increase engagement by providing access to pharmacotherapy, within 48 hours, for individuals with OUD presenting for any level of care.
- Increase service retention/length of stay.
- Create capacity to provide maintenance pharmacotherapy based on the individual's treatment needs without arbitrary tapering or time limits.
- Provide increased access and education around naloxone for family members and others of OUD clients.
- Support integration of medical services with addiction services (e.g., infectious disease testing).
- Support integration of reproductive health services including contraception with addiction treatment.
- Provide access to counseling and/or other treatment and support services.
- Create recovery opportunities for those who are unable or unwilling to engage in regular counseling services.
- Integrate a phased approach to the OBAT program to improve outcomes through successive, targeted interventions.
- Provide coordinated care for individuals immediately after release from institutional settings, such as jail, hospitals, and inpatient treatment.

Studies show that in comparison to treatment without medication, people with an opioid use disorder (OUD) who participate in OBOT/OBAT programs utilizing medication show improvements in time-intreatment; family relationships; social functioning; ability to seek, gain, and maintain employment; physical and mental health; lifestyle habits (eating well, sleeping consistently, etc.); self-esteem; and financial status. In addition, people with OUD who receive MAT and OBOT/OBAT show significant decreases in opioid cravings; opioid relapse; illicit opioid use; involvement with the judicial system; and mortality rates. d. How was the need determined and how does that need relate to abatement?

In reviewing GPW's service demands, service and census data, and considering current and near term initiatives, both locally as well as those beginning generated at the state and federal levels, for all Virginia (VA) Community Service Boards (CSB), we determined resource areas in need of development or strengthening, including: 1) establishing an opioid coordinator to best manage and coordinate service needs, at all levels; develop a strategic plan for implementing targeted services based on local data and determined needs; and monitoring and reporting on service performance and outcomes to allow for timely service determinations and ensuring all meet OAA Gold standard, MOU terms and state service and license requirements; and coordinate these across all stakeholders and 2) implementing service strategies that align with the DBHDS OBAT service model to better engage and support individuals with opioid and other substance abuse needs.

The GPW community continues to experience increased overdose rates and relatively low or no cost options for services. At the current staffing levels, PWC Community Services is unable to meet community demand for OUD/SUD/MOUD service needs and we are unable to meet the state licensing requirement for the same reason. A properly staffed OBOT/OBAT would increase capacity and access to the services. Studies have shown that relapse rates are much higher with therapy alone, and we need an integrative approach that includes medication and psychosocial supports together to provide the best outcomes in the early stages of change.

e. Who are the targeted beneficiaries, and how many persons are expected to participate per year?

Individuals with OUD/SUD are the targeted beneficiaries. GPW anticipates doubling the number served increasing from 211/year, served in fiscal year 2022, to 422/year within two years of state OBAT certification/licensing. This will allow for re-education and outreach to internal and external partnering regarding new services to increase referrals. Additionally, PWC CS's CRC will open in the second half of FY2025 which will generate additional referrals as the program includes crisis stabilization and co-occurring medically managed detox services.

f. Briefly describe (name or organization, description of role, budget, etc.) the organization(s), including any sub-recipients or contractors (if known) that will be involved in this project. Attach any contracts and/or memoranda of understanding/agreement. If not fully executed, a draft or a narrative describing the scope of services may suffice.

This cooperative agreement and service effort will be in partnership with Prince William County, and the Cities of Manassas, and Manassas Park.

g. Is the project classified as evidence-based?

🖌 Yes

No

If yes, attach supporting information to this application.

- h. Is the project classified as evidence-informed?
  - Yes,
  - No

If yes, attach supporting information to this application.

i. Has this project been certified or credentialed by a state/federal government agency, or other organization/non-profit?



The OBOT/OBAT model has been certified by the state/federal governments as the Gold Standard of evidence-based services. PWC CS is currently credentialed to provide MAT and ARTS services. Upon approval of this OAA application, GPW will seek OBAT/OBOT credentialing.

🗌 No

If yes, attach supporting information to this application.

- j. Has this project received any awards or recognition?
  - Yes

This is unknown, as we are not currently providing this level of service.

No

If yes, attach supporting information to this application.

k. Does this project have components other than opioid-related treatment as defined?



 $\checkmark$  Yes, there are other substances involved.

If yes, what is the approximate percentage of the project that covers opioid-related abatement (i.e., 20% of the patients who seek services have opioid-related disorders)?

In a review of the current individuals being served, in PWC Community Services MAT clinics, 77% are OUD individuals.

- Attach a budget for that minimally includes FY2024 with line-item details for the project. If carry-over
  of OAA funds from FY2024 into FY2025 is expected, include this in the line-item budget. If there
  is intention to renew the funding (maximum of 4 renewals), include the projected budget for each
  subsequent fiscal year.
  - i. If a city or county in the cooperative partnership is allocating any of its Direct Distributions and/ or any of its Individual Distributions from the OAA to this cooperative project, include line items for each as funding sources for the project.
- m. Complete and attach the project timeline workbook for the project minimally for FY2024. If there is intention to renew the funding (maximum of 4 renewals), complete the timeline for each subsequent fiscal year.
- n. Complete and attach the performance measurement workbook for the project minimally for FY2024. If there is intention to renew the funding (maximum of 4 renewals), include the complete the performance measures for each subsequent fiscal year.
- o. *(Optional)* Attach any additional narrative materials explaining the project, along with any research, data, plans, letters of support, articles, or other items that may assist the OAA Board of Directors in making an award decision for this project.

## Virginia Opioid Abatement Authority Cooperative Agreement

WHEREAS, the mission of the Virginia Opioid Abatement Authority (OAA) is to abate and remediate the opioid epidemic in the Commonwealth through financial support in the form of grants, donations, or other assistance; and

WHEREAS, the OAA operates a financial assistance program to support certain cooperative partnerships of cities and/or counties in Virginia that implement regional efforts to treat, prevent, and reduce opioid use disorder and the misuse of opioids; and

WHEREAS, the cities and/or counties listed below have committed to work together to develop and jointly submit an application for regional cooperative partnership funding from the OAA; and

WHEREAS, at least two of the cities and/or counties listed below are located within the same region of the Department of Behavioral Health and Developmental Services; and

WHEREAS, the cities and/or counties and other organizations listed below agree they will execute a legally binding agreement formalizing the cooperating partnership if the application for financial assistance is approved; and

WHEREAS, the cities and/or counties and other organizations listed below agree that <u>Prince William County</u> will serve as the fiscal agent for the cooperative partnership if it is awarded; and

WHEREAS, the cities and/or counties and other organizations listed below seek a total of <u>\$800,000</u> in grant funding from OAA for Fiscal Year (FY) 2024 - FY 2028, with the opportunity to reapply with OAA for funding for continued funding support beyond FY 2028 to establish Office-based Addiction Treatment services to increase capacity and engagement with medication assisted treatment, primary care, therapeutic and psychosocial recovery treatment and supports for those with opioid use (OUD) and substance use disorders (SUD).

WHEREAS, a match is not required, Prince William County will provide an in-kind match of \$1,405,380 and \$230,000 projected billable Medicaid revenue to this project for a five year period to start FY 2024 and continue through FY 2028, contingent on the availability of such funding.

NOW, THEREFORE, BE IT RESOLVED, the cities and/or counties and other organizations listed below hereby authorize <u>Prince William County</u>, acting as fiscal agent, to execute the cooperative partnership grant application to the Virginia Opioid Abatement Authority and to execute all documents in connection therewith.

Name of City, County, or Organization	Printed Name of Authorized Signor	Title of Authorized Signor	Signature
Prince William County	Christopher Shorter	Chief Executive Officer	( lint/fm.
City of Manassas Park	Laszlo Palko	City Manager	
City of Manassas	William Patrick Pate	City Manager	

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Name of City, County, or Organization	Printed Name of Authorized Signor	Title of Authorized Signor	Signature
Prince William County	Christopher Shorter	Chief Executive Officer	
City of Manassas Park	Laszlo Palko	City Manager	
City of Manassas	William Patrick Pate	City Manager	Nelle Both On A

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April 11, 2023 Regular Meeting Res. No. 23-207

SECOND: BODDYE

RE: AUTHORIZE COMMUNITY SERVICES TO APPLY FOR VIRGINIA OPIOID ABATEMENT AUTHORITY FUNDS, AND CONTINGENT UPON AWARD, ACCEPT, BUDGET, AND APPROPRIATE \$1,030,000 IN FISCAL YEAR 2024 FOR OPIOID OFFICE BASED ADDICTION TREATMENT SERVICES

#### ACTION: APPROVED

**WHEREAS,** the Virginia Opioid Abatement Authority (OAA) has issued a Notice of Funding Opportunity regarding Opioid Abatement Cooperative Agreement funding awards; and

**WHEREAS,** Prince William County (PWC) Community Services (CS) intends to submit a joint application with the Cities of Manassas and Manassas Park; and

WHEREAS, PWC CS will be identified as the fiscal lead; and

**WHEREAS,** the purpose of this grant is to provide resources to develop service strategies that align with the Virginia Department of Behavioral Health and Developmental Services (DBHDS) criteria for a licensed Opioid Office-Based Addiction Treatment Service (OBAT) center and to provide intensive case management and outpatient substance use disorder and co-occurring mental health services to combat the opioid epidemic and serve all age populations; and

**WHEREAS,** OBAT services will enhance and expand on existing Addiction and Recovery Treatment Services (ARTS) and Medication Assisted Treatment (MAT) to provide improved community access and increased service capacity; and

**WHEREAS,** this resolution authorizes the Executive Director of CS, or her designee, to sign the application and the Prince William Board of County Supervisors (Board) action to accept, budget, and appropriate these funds contingent upon the award; and

**WHEREAS,** CS must request an increase in budget authority so that additional funds can be expended; and

**WHEREAS,** during the grant period (Fiscal Years (FY) 2024-2028), one (1) time revenues and expenditures would increase by \$1,030,000; and

**WHEREAS,** this includes \$800,000 OAA and \$230,000 Medicaid state funds, annually, for a total of \$1,030,000; and

**WHEREAS,** CS requests to establish full-time, limited term grant positions through June 30, 2028 including 1 FTE Human Services Program Manager (D61); 1 FTE Medical Doctor (D71); 1 FTE Clinical Service Caseworker (C43); and 2 FTE Licensed Practical Nurses (C41); and April 11, 2023 Regular Meeting Res. No. 23-207 Page Two

WHEREAS, funds are restricted for the above-mentioned area; and

**WHEREAS,** funds disbursed under this award, if granted, may only be used in compliance with Code of Virginia Section 2.2-2370 and the OAA cooperative project grant award terms and conditions; and

**WHEREAS,** there is no general fund local tax support required to apply for, accept, budget, and appropriate these funds;

**NOW, THEREFORE, BE IT RESOLVED** that the Prince William Board of County Supervisors hereby authorizes the Executive Director of Community Services, or her designee, to apply for the Opioid Abatement Authority Cooperative Agreement funding for opioid office-based additional treatment services;

**BE IT FURTHER RESOLVED** that the Prince William Board of County Supervisors hereby accepts, budgets, and appropriates, contingent upon award, \$800,000 Opioid Abatement Authority and \$230,000 Medicaid state revenues and expenditures in Fiscal Year 2024 for opioid office-based additional treatment services;

**BE IT FURTHER RESOLVED** that the Prince William Board of County Supervisors hereby authorizes establishing five (5) FTE full-time, limited term grant positions through June 30, 2028;

**BE IT FURTHER RESOLVED** that the Prince William Board of County Supervisors hereby authorizes all unexpended amounts, specific to this request, to be carried forward year to year.

Votes: Ayes: Angry, Bailey, Boddye, Lawson, Vega, Weir, Wheeler Nays: None Absent from Vote: None Absent from Meeting: None Abstain from Vote: Franklin

**For Information:** Community Services Board, Executive Director

andre

Clerk to the Board

ATTEST: