## Virginia Opioid Abatement Authority Application for Individual Awards to Cities and Counties

1	Contact	Information
1.	Contact	IIIIOIIIIauoii

a.	Name of City or County: Hampton	✓ city	☐ county
b.	Physical address: 22 Lincoln Street, Hampton, VA 23669		
c.	Mailing adress:(if different than physical address)		
d.	Contact Person for this application		
	i. Name: Steven D. Bond		
	ii. Job Title: Assistant City Manager		
	iii. Office Phone: 757-727-6392 Cell Phone: 757-719-3198		
	iv. Email: sbond@hampton.gov		

#### 2. Distribution Information

a. Provide the following regarding how the city or county has used (or is planning to use) its direct distributions (from the settlement administrator):

#### i. For the Distributors Settlement:

Amount of direct distributions received during FY2023 (Amounts can be found here)	108,483
Amount appropriated by the governing body in FY2023	0
FY2023 actual expenditures	0
FY2023 encumbered but not yet expended	0
FY2023 remaining unspent and unencumbered balance	108,483
FY2024 anticipated direct distribution from Distributor Settlement (Amounts can be found here)	65,727

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Amount of direct distributions received during FY2023 (Amount can be found here)	271,336
Amount appropriated by the governing body in FY2023	0
FY2023 actual expenditures	0
FY2023 encumbered but not yet expended	0
FY2023 remaining unspent and unencumbered balance	271,336

iii. Provide a narrative reflecting the uses (actual or planned) of the direct distributions for the city or county from the Distributors and Janssen for both FY2023 and FY2024. Include a description of project(s) funded with these direct distributions, the target audience or population, names and responsibilities of subrecipients or contractors, and any outcomes that have been achieved. If no funds have been used, state the city or county's plans for these funds. (Attach additional sheets if needed).

The City of Hampton in partnership with the Hampton-Newport News Community Services Board plans to use the direct distributions from the Distributors and Janssen for both FY2023 and FY2024 for the following two (2) projects:

- 1. Hampton City Jail Substance Use Jail-Based Services (see attached project description).
- 2. Hampton Peer Drop-in Center (see attached project description)

b.	Does the city or county intend to reserve any portion of its direct distributions from FY2023 or FY2024 for future year abatement efforts?
	✓ Yes
	□ No

If yes, see Terms and Conditions item #2.d.

C.	Does the city or county intend to apply for the OAA's city or county "Gold Standard" incentive program in FY2023 and FY2024?
	✓ Yes
	□ No
	If yes, complete the form entitled "Application and Terms and Conditions to Receive OAA Incentive Funds"
d.	For each proposed project in FY2023 and FY2024, complete and attach Part 4 "Project Proposal" of this application. If there is more than one project, use the additional project proposals file. The total amount of funding requested should not exceed the amount for the city or county as published in this document.
e.	Attach a copy of a resolution from the governing body of the city or county providing signatory authority. If the city or county is requesting the Gold Standard incentive, ensure this is noted in the resolution from the governing body. A sample resolution can be found in this application packet.
Siç	gnature
_	nature section must be completed by the person designated with signatory authority in the resolution ed in Part 2.e of this application.
	ewear or affirm that all information contained in and attached to this application is true to the best of my owledge."
_	nt Name Mary B. Bunting
	e City Manager
	te May 5, 2023

3.

#### 4. Project Proposal

a,	Name of City or County: Hampton	]city □ count
b.	Project name: Hampton City Jail Substance Use Jail-Based MAT Services	
c.	Contact Person for this application	
	i. Name: Seven D. Bond	
	ii. Job Title: Assistant City Manager	
	iii. Office Phone: 757-727-6392 Cell Phone: 757-719-3198	
	iv. Email: sbond@hampton.gov	
d.	Is this project:	
	A new effort for the city / county.	
	A proposed supplement or enhancement to a project or effort that is already in place	).
	How long has the project existed?	

Complete the information below for each project the city or county is requesting to be funded.

e. Provide a brief narrative description of the proposed project.

A combination of enhancing an existing project/effort with new components.

✓ How long has the project existed? The contract began in October of 2021

(Please see attached proposal for complete answer)

We are proposing to extend the partnership between Hampton City Jail (HCJ) and the Hampton-Newport News Community Services Board (HNNCSB) by adding qualified staff who are responsible for providing screening for substance use to all inmates upon entry into the jail. In addition, staff will assess for other mental health needs at this time. This will provide the opportunity to address substance use disorder (SUD) and any mental health needs while the individual is incarcerated and to link individuals to re-entry services through our existing relationship. Ideally, individuals will be screened within 24 hours of entry into the jail; however, this time may increase due to weekends, holidays and/or the number of individuals needing to be assessed.

There is an existing contract between HCJ and HNNCSB, implemented in October of 2021, that provides medication-assisted treatment (MAT) to inmates and we are proposing to add additional staff to provide the counseling component to their treatment. Examples of services to be offered include

#### f. Describe the objectives of this project

(Please see attached proposal for complete answer)

Goal 1: Expand identification of individual who are incarcerated and in need of SUD services

Objective 1: Screen all individuals who enter HCJ for substance use disorder no later than 72 hours after incarceration

Objective 2: Provide treatment recommendations for all individuals in need of SUD treatment at the time of screening

Objective 3: Link all individuals receiving jail-based SUD services and supports from HNNNCSB staff to HNNCSB services prior to release to ensure continuity of services

Goal 2: Expand identification of individuals who are incarcerated and in need of mental health treatment Objective 1: Provide a mental health assessment for all individuals who enter HCJ no later than 72 hours after incarceration

Objective 2: Provide treatment recommendations for all individuals who are in need of mental health services

#### g. How was the need determined and how does that need relate to abatement?

(Please see attached proposal for complete answer)

According to CDC (May 11, 2022), overdose deaths in the U.S. increased by half as much in 2021 compared to 2020; but deaths still increased by 15%. In fact, 72% of the 100,000+ deaths are due to opioids (National Center for Drug Abuse Statistics 2022). The most recent overdose reports (through October 2022) from the Hampton Police Department revealed 127 overdoses, with 28 fatalities. This compares to 85 overdoses, with 19 deaths in 2021. Although fatalities decreased, primarily due to Narcan distributions, substance use emergency incidents continued to be high; 248 emergency visits (most active after 11 pm) were reported in Hampton (Virginia's Framework for Addiction Analysis and Community Transformation, 11/11/2022).

During recent meetings between HCJ and HNNCSB leadership, the Sheriff has strongly stated the need for enhanced substance use identification and treatment in HCJ.

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h.	Briefly describe (name or organization, description of role, budget, etc.) the organization(s), including any sub-recipients or contractors (if known) that will be involved in this project. Attach any contracts and/or memoranda of understanding/agreement. If not fully executed, a draft or a narrative describing the scope of services may suffice.
	Hampton City Jail will contract with the Hampton-Newport News Community Services Board (HNNCSB) to manage the project outlined above utilizing Opioid Abatement funds. We have current agreements in place to address mental health needs, re-entry, and MAT, and we have a demonstrated history of working together to meet the needs of individuals who are incarcerated. HNNCSB continues to serve as the city's public provider of mental health, intellectual disability and substance use services. These abatement funds will be utilized to provide a support to the community that will help address the growing need for SUD and mental health supports within the jail system.
i.	Who are the targeted beneficiaries, and how many persons are expected to participate per year?
	The targeted beneficiaries include the individuals who are incarcerated and in need of treatment as well as their family members, jail staff who work with them and the community at large. By addressing their SUD and mental health needs, some associated behaviors may lessen while the individual remains incarcerates and the individuals will be given the opportunity to more successfully reintegrate into the community upon release.
j.	Is the project classified as evidence-based?
	Yes
	□ No
	If ves, attach supporting information to this application.

k.	Is the project classified as evidence-informed?
	☐ Yes
	✓ No
	If yes, attach supporting information to this application.
I.	Has this project been certified or credentialed by a state/federal government agency, or other organization/non-profit?
	☐ Yes
	✓ No
	If yes, attach supporting information to this application.
m,	Has this project received any awards or recognition?
	☐ Yes
	✓ No
	If yes, attach supporting information to this application.
n.	Does this project have components other than opioid-related treatment as defined?
	□ No, it is 100% related to opioid treatment
	✓ Yes, there are other substances involved
	If yes, what is the approximate percentage of the project that covers opioid-related abatement (i.e., 20% of the patients who seek services have opioid-related disorders)?
	The licensed therapist will screen for mental health needs as well. Therefore, there will be individuals with a mix of MH needs, SUD needs and opioid use disorder. It is hard to say how many of these individuals will have needs only related to OUD. I will predict that 25% of the individuals served will have opioid-related disorders.
0.	Attach a budget for FY2023 and a budget for FY2024 with line-item details for the project. If carry-over of OAA funds from FY2023 into FY2024 is expected, include this in the line item budget.
p.	Complete and attach the project timeline workbook for each project covering both FY2023 and FY2024
q.	Complete and attach the performance measurement workbook for each project covering both FY2023

r. (Optional) Attach any letters of support, articles, or other items that may assist the OAA Board of

Directors in making an award decision for this project.

and FY2024

#### **Opioid Abatement Project Proposal**

#### Project Name: Hampton City Jail Substance Use Jail-Based MAT Services

#### Provide a brief narrative description of the proposed project

We are proposing to extend the partnership between Hampton City Jail (HCJ) and the Hampton-Newport News Community Services Board (HNNCSB) by adding qualified staff who are responsible for providing screening for substance use to all inmates upon entry into the jail. In addition, staff will assess for other mental health needs at this time. This will provide the opportunity to address substance use disorder (SUD) and any mental health needs while the individual is incarcerated and to link individuals to re-entry services through our existing relationship. Ideally, individuals will be screened within 24 hours of entry into the jail; however, this time may increase due to weekends, holidays and/or the number of individuals needing to be assessed.

There is an existing contract between HCJ and HNNCSB, implemented in October of 2021, that provides medication-assisted treatment (MAT) to inmates and we are proposing to add additional staff to provide the counseling component to their treatment. Examples of services to be offered include:

- Screening for substance use disorder for all inmates upon entry into the jail
- Counseling for individuals who are assessed to be in need SUD treatment
- Counseling for individuals who are actively receiving MAT
- Mental health assessment to identify diagnoses of all individuals entering the jail
- Referral to H-NNCSB services upon release to ensure continuity of care and supports.

#### Describe the objectives of this project

Goal 1: Expand identification of individual who are incarcerated and in need of SUD services Objective 1: Screen all individuals who enter HCJ for substance use disorder no later than 72 hours after incarceration

<u>Objective 2</u>: Provide treatment recommendations for all individuals in need of SUD treatment at the time of screening

Objective 3: Link all individuals receiving jail-based SUD services and supports from HNNNCSB staff to HNNCSB services prior to release to ensure continuity of services

Goal 2: Expand identification of individuals who are incarcerated and in need of mental health treatment

Objective 1: Provide a mental health assessment for all individuals who enter HCJ no later than 72 hours after incarceration

Objective 2: Provide treatment recommendations for all individuals who are in need of mental health services

Goal 3: Complete the treatment continuum for individuals who are currently receiving medications to manage addiction

Objective 1: Provide counseling to all individuals who receive MAT through the existing HCJ/HNNCSB partnership

#### How was the need determined and how does that need relate to abatement

According to CDC (May 11, 2022), overdose deaths in the U.S. increased by half as much in 2021 compared to 2020; but deaths still increased by 15%. In fact, 72% of the 100,000+ deaths are due to opioids (*National Center for Drug Abuse Statistics 2022*). The most recent overdose reports (*through October 2022*) from the Hampton Police Department revealed 127 overdoses, with 28 fatalities. This compares to 85 overdoses, with 19 deaths in 2021. Although fatalities decreased, primarily due to Narcan distributions, substance use emergency incidents continued to be high; 248 emergency visits (*most active after 11 pm*) were reported in Hampton (*Virginia's Framework for Addiction Analysis and Community Transformation, 11/11/2022*).

During recent meetings between HCJ and HNNCSB leadership, the Sheriff has strongly stated the need for enhanced substance use identification and treatment in HCJ. An assessor who can screen for SUD needs as well as MH needs upon entry provides the opportunity to immediately begin the process of getting services in place to treat the individuals in need of services. This helps alleviate issues that may arise later in the person's incarceration.

#### **Evidence Based Practices**

Medication Assisted Treatment (MAT) is an evidence-based practice that uses US Food and Drug Administration-approved medications in combination with therapy to treat a person for substance use disorder. The Substance Abuse and Mental Health Services Administration (SAMHSA) reported that in 2017, approximately 2.1 million people in the United States had an opioid use disorder, and that 68 percent of overdose deaths were involved opioids. Moreover, individuals who used opioids are significantly more likely to be involved in the criminal justice system with roughly 20 percent of all individuals sentenced to jails and state prisons reporting regular opioid use. Of great concern is the fact that upon release from incarceration, overdose is a leading cause of death with a majority of these overdoses relating to opioids.

Since 2017, the National Sheriff's Association has supported the used of evidence-based MAT within jails, asserting that "MAT paired with behavioral health treatment improves mental health outcomes while reducing relapses and recidivism." Some best practices shared by the National Sheriff's Association include:

- All individuals entering jail should be screened for substance use disorder and substance use history;
- Individuals should be assessed by a qualified treatment provider to determine whether MAT is clinically indicated;
- For maximum benefit, MAT should be paired with counseling and appropriate wraparound services;

 Clients served will benefit from collaborative relationships between jails and communitybased treatment providers.

Several jail-based MAT programs are referenced in the National Sheriff Association's 2018 treatment guide describing MAT services provided while individuals are incarcerated and upon release along with some of the outcomes of those programs. For example, Snohomish County Jail in Washington began its MAT program in 2018 after experiencing an influx in the number of people arrested who were addicted to opioids. At the time of the publication, the program was still new; however, it was reported that the medical management of withdrawal allowed inmates to be treated in a more human manner and to integrate into the population more easily as they went from experiencing physical withdrawal systems such as vomiting and diarrhea to feeling well and readily participating in activities such as eating and showering. In addition to helping the inmates, this also reduced the strain on the jail staff. Snohomish Jail also reported that the cost of the MAT medication was less than that of the medications required to manage the inmates' withdrawals symptoms.

Data showed that in Rhode Island, 21 percent of overdose deaths in 2014 and 2015 were among individuals who had been incarcerated in the previous two years. The Rhode Island Department of Corrections initiated its MAT program in 2016 and provided the service to 896 inmates between October 1, 2016 and September 30, 2017. After release, 72 percent of the individuals remained on MAT, and post-release death rates decreased by 60 percent.

The Virginia Department of Corrections (VADOC) is working to expand the availability of MAT in jails. Its model includes medication along with counseling, case management, and peer support. In its March 2023 press release, VADOC stated that the program will be offered at six correctional facilities in Virginia (<a href="https://vadoc.virginia.gov/news-press-releases/2023/vadoc-expands-medication-assisted-treatment-program/">https://vadoc.virginia.gov/news-press-releases/2023/vadoc-expands-medication-assisted-treatment-program/</a>). The H-NNCSB's partnership with HCJ will include a similar approach that provides assessment and treatment during incarceration as well as continued services upon release to keep individuals engaged in treatment.

#### Briefly describe the organizations that will be involved in the project

Hampton City Jail will contract with the Hampton-Newport News Community Services Board (HNNCSB) to manage the project outlined above utilizing Opioid Abatement funds. We have current agreements in place to address mental health needs, re-entry, and MAT, and we have a demonstrated history of working together to meet the needs of individuals who are incarcerated. HNNCSB continues to serve as the city's public provider of mental health, intellectual disability and substance use services. These abatement funds will be utilized to provide a support to the community that will help address the growing need for SUD and mental health supports within the jail system.

# Who are the targeted beneficiaries, and how many persons are expected to participate per year

The targeted beneficiaries include the individuals who are incarcerated and in need of treatment as well as their family members, jail staff who work with them and the community at large. By addressing their SUD and mental health needs, some associated behaviors may lessen while the individual remains incarcerates and the individuals will be given the opportunity to more successfully reintegrate into the community upon release.

#### **Budget**

The budget includes funding for a clinical assessor, which will preferably be licensed; however, a license-eligible clinician will also be considered. A certified substance abuse counselor (CSAC) is also included to expand treatment. If funded, these positions will require a 3% escalation each year to account for the cost of living increase (COLA).

### **Proposed Budget**

Position	Salary	Fringes @ 30%	Total
Licensed therapist II (assessor)	\$72,384.00	\$21,715.00	\$94,099.00
SUD Counselor w/CSAC	\$47,883.00	\$14,365.00	\$62,248.00
Total Requested			\$156,347.00